



TRATTORIA

Menu

Daily Soup

Made fresh daily \$4.25

Leaf & Deli Salads

Garden Salad

Mixed greens with slivered radish and carrot, extra virgin olive oil and white wine vinaigrette
side \$3.50 regular \$6.99 large \$11.99

Arugula Salad

Arugula, slivered red cabbage, cherry tomato and balsamic vinaigrette
side \$3.50 regular \$6.99 large \$11.99

Caesar Salad

Crisp Romaine, crumbled Prosciutto, Parmigiano Reggiano and Croutons with our signature creamy Caesar dressing
side \$3.50 regular \$6.99 large \$11.99
Add breaded chicken breast \$4.99

Deli Salads & Rice

Artichoke • Orzo & Feta • Waldorf
Caprese • Asparagus & Sweet Pepper
Potato, Fennel & Chickpea
Couscous, Raisin & Cranberry
Curried Tortiglioni
Mediterranean Pasta Salad
Side \$3.50 Trio \$9.99
Takeout \$3.99 • \$6.99 • \$11.99

Breakfast Items

Assorted Breakfast Pastries

\$1.50-\$2.75

Toasted Bagel or Struan

\$1.50-\$1.75

Breakfast Club

Whole Egg, Pancetta, Cheddar Cheese, Tomato, Mayonnaise \$6.99

Pancetta, Lettuce & Tomato

On choice of bread with mayonnaise \$5.99

Torta

Torta of the Week \$6.99
Spinach & Mushroom Crêpe Torta \$7.99

Pizza & Calzone

Gourmet Pizza Slice \$4.25
Pepperoni, Mushroom and Mozzarella
Calzone \$7.99

Antipasti Misto

Capocollo, Genoa Salami, Prosciutto, Provolone, Bocconcini, Mixed Olives, Roasted Red Peppers, Leaf Lettuce and Crostini
Sampler \$9.99

Famous Deli Sandwiches

New Orleans Muffuletta

Capocollo, Genoa salami, Mortadella, Mozzarella, Provolone, with olive compote on Focaccia \$8.99

The Vesuvius

Hot Genoa salami, Provolone, pickle, Dijon mustard, black olive paste on Ciabatta \$7.99

Italian Cold Cut

Genoa salami, Capocollo, Provolone, slivered red onion, dill pickle slice on Focaccia \$7.99

Prosciutto, Basil & Bocconcini

Thinly sliced Prosciutto ham, fresh Mozzarella, fresh basil, slivered red onion, olive oil and balsamic drizzle on Ciabatta \$9.99

Porchetta and Salsa Verde

Thinly sliced seasoned pork loin with store-made Salsa Verde and fresh Arugula on Focaccia \$8.99



Chicken or Veal Parmigiana Sandwich

with Provolone, baby spinach, and tomato sauce
Chicken \$10.99 Veal \$11.99

World's Best Club

Sliced breaded chicken breast, Pancetta, Cheddar, lettuce & tomato on toasted Struan bread \$9.99

Smoked Turkey Breast

Smoked turkey breast, roasted red peppers, Swiss cheese, lettuce, tomato on Focaccia \$7.99

Black Forest Ham and Cheddar

with lettuce and tomato on Focaccia \$6.99

Market Chicken Salad

Creamy diced chicken with whole grain mustard, mayonnaise, celery, green onion with Swiss cheese and lettuce on Focaccia \$8.99

Montreal Smoked Meat

Shaved smoked meat piled high on Rye with Dijon mustard and Swiss cheese \$7.99

Grilled Reuben

Pastrami with pickle, sauerkraut, house dressing, and Swiss cheese grilled on Rye \$7.99

Market Tuna Salad

Tuna with sundried tomatoes, olives, capers, and mayonnaise on Focaccia \$8.99 Tuna Melt \$9.49

Smoked Salmon

Atlantic smoked salmon, dill cream cheese, red onion, capers and tomato on Ciabatta \$9.99

Vegetarian Sandwiches

Panini Roma

Sundried tomato, artichoke, baby spinach, Feta and cream cheese spread on Ciabatta or Focaccia \$7.99

Trio of Grilled Cheeses

Provolone, Swiss and Cheddar grilled on Ciabatta, Focaccia or Struan \$5.99

Veggie Primavera

Fresh tomato, green peppers, cucumber, Feta-cream cheese spread, basil pesto or black olive paste on Focaccia \$6.99

Please ask Server about gluten-free bread

Pasta & Lasagne

Spaghetti & Meatballs \$8.99

Cheese Manicotti \$7.99

Spinach & Cheese Manicotti \$7.99

Bolognese (Meat) Lasagne

Hot Fennel Sausage Lasagne

Roasted Vegetable & Spinach Lasagne \$7.99

Secondi

Salt Cod Fish Cakes \$3.99 each

Saffron & Provolone Risotto Balls

with tomato sauce \$3.99 each

Italian Sausage Roll \$3.99 each

Spinach and Ricotta Chicken \$7.99

Stuffed Sweet Peppers \$7.99

Chicken Parmigiana \$8.99

Veal Parmigiana \$9.99

Chicken Cacciatore \$7.99

Sides

Basmati Rice baked with Saffron & Raisins \$1.99

Buttered Egg Noodle \$1.00

Dessert & Pastry

Macaron \$1.25 Box of 5 \$5.99

Rum or Amaretto Ball \$1.25

Sicilian Cannoli \$2.75

Assorted Pastries \$3.25-\$4.25

Lemon Pot de Crème • Crème Brûlée

Chocolate Mousse \$3.99

Layered Cake, Cheesecake, Pie,

Chocolate Pâté *Slice: \$4.99*

Tiramisu \$4.99 for Two \$7.99

Italian Sodas & Waters

Brio, San Pellegrino *Can: \$1.75*

San Pellegrino, Acqua Panna 500 ml
\$2.50-\$2.75

Italian Wine & Beer

Peroni Lager 330 ml \$5.99

Wine *glass \$5.99*